

# Emma Keating Clark

Community Health & Wellbeing Manager

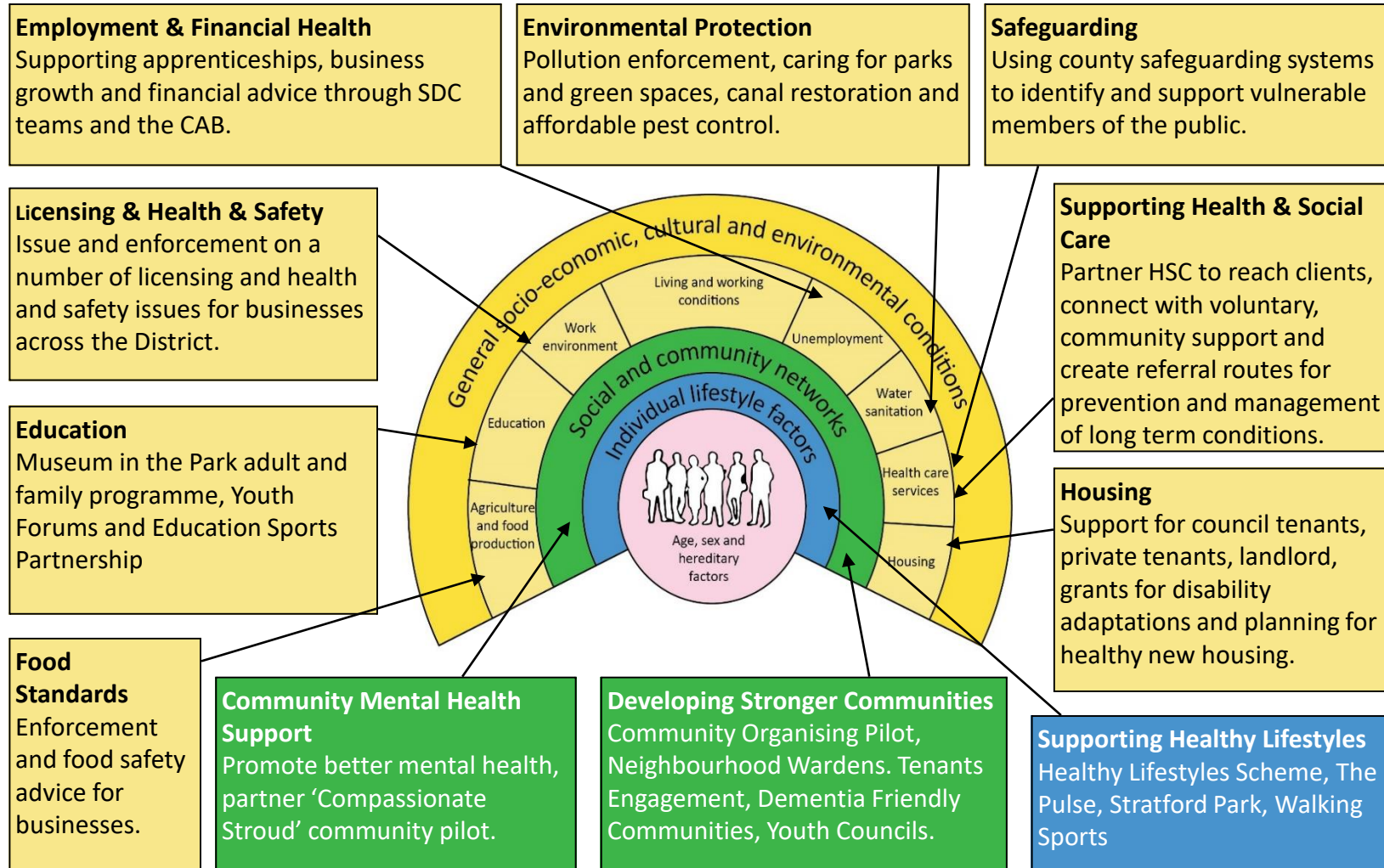
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# Priorities for Stroud District Council Health & Wellbeing Plan 2019-2022

Examples of what SDC do now for Health and Wellbeing.



Based on population health data, local information, our statutory duties and the scope of our influence, the following Health & Wellbeing issues have been prioritised.

**Priority 1. Supporting Healthy Lifestyles**

**Priority 2. Developing Stronger Communities**

**Priority 3. Improving Housing**

**Priority 4. Protecting the Public and our Environment**

**Priority 5. Partnering the Statutory, Voluntary and Community Sectors**

# Extracts from the Stroud District Profile

## What do our health partners tell us?

Public Health Gloucestershire provide profiles for each district comparing a number of health indicators against regional and national statistics. The graphics below illustrate statistics relating to wellbeing that inform the priorities of this Plan.

### Injuries and Ill Health

- 179.8 hospital stays for self-harm compared to 185.5% average for England.
- 70.6% diagnosed diabetes rate in over 17 year olds compared with 78% for England.
- 604 hip fractures in people aged over 65 compared to 578 average for England.
- 70.6% dementia diagnosis in people aged over 65 compared to 67.5% for England.



### Weight of Year 6 pupils:



- 1% are underweight
- 68% are normal weight
- 16% are overweight
- 15% are obese

### Difference in life expectancy at birth for a child born in 2016

- 84 for richest boy  
For poorest boy....77  
(84 and 74 for Gloucestershire)
- 87 for richest girl  
For poorest girl....84  
(85 and 79 for Gloucestershire)



### Cold Homes

18.5% excess deaths in winter due to cold conditions. (compared to 17.9% for England)



### Carers

11.4% of Stroud population are providing unpaid care for someone (the Gloucestershire figure is 10.4). The majority of these cares are over the age of 50. Carers are at an increased risk of social isolation, physical and mental health issues through their caring commitments.



### Children's Mental Health — Online Pupil Survey

The 2018 Gloucestershire Online Pupil Survey found that in Stroud District the following had poor or very poor mental health:

- 12% of primary school pupils
- 25% of secondary School pupils
- 38% of year 12/FE pupils



### 11% children live in poverty (compared to 14% in Gloucestershire)



## What do Sport England tell us?

	Inactive	Fairly Active	Active
England	25.1%	12.3%	62.6%
Gloucestershire	22.1%	11.5%	66.4%
Cheltenham	20.8%	11.0%	68.1%
Cotswold	19.8%	13.1%	67.2%
Forest of Dean	20.1%	10.3%	69.5%
Gloucester	27.5%	10.9%	61.6%
Stroud	18.9%	12.4%	68.7%
Tewkesbury	25.1%	11.2%	63.8%

## How is our population changing?

Current district population  
21,114 aged 0-15  
70,802 working age  
26,214 retirement age



By 2036,  
30% will be over 65.

## How healthy and affordable is our housing?

Many of the District's properties are categorised as 'hard to treat' in terms of fuel efficiency improvements with



32% being of solid wall construction and 16% off the gas network.

Almost 40% of households spend over 30% of their income on housing.



More than 15% spend over 50% of their income on housing.

# Different Referral Pathways into Better Balance Classes



**Hospital Physio Referral**  
Jim had a fall at home and went to hospital, he was referred to the Falls Team

Jim completes his 6 weeks at Active Balance and is asked if he would like to be referred to the Better Balance Classes

Physio refers Jim to Better Balance Classes



**GP Referral**  
Maria hasn't fallen but is having some balance issues. Maria asks her GP if there is anything she can do to help her balance.

GP refers Maria to the Better Balance team.



**Self Referral**  
Doris has been referred by her GP to attend the classes but her husband Dave would like to attend as well.

Dave completes his own referral form and sends it to the Better Balance team.

Better Balance team check suitability of each referral form.

Once approved, Jim, Maria and Dave come to their nearest **Better Balance Class!**

Example of How SDC Work with local NHS partners